

# Well - A Memoir

An incredibly vulnerable story of God's redemption and restoration from the brokenness of chronic illness, addiction and a suicide attempt to a place of wellness.

Christian Creative Non-Fiction Art Journal  
17,791 words, 21 original art pieces, multiple journal entries, essays

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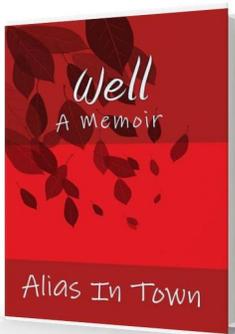
## Christian Author And Speaker

Alias In Town is an anagram of the author's name, Anita Wilson. In every town there are alias people living with chronic illness, addiction and depression. Alias In Town is one of those people. She writes for them because she has learned multiple coping and life strategies to be Well.

Her style of writing is to create art journals. She utilizes short essays to tell her story in words. She creates original artwork to tell her story through the end of a brush. She includes personal journal entries to remain open, honest and raw in her writing.



## Overview



Depression and addiction are often taboo topics in the church. However, Christians are just as susceptible to depression and addiction as any other social group. Christians who suffer from these afflictions often don't seek help because of shame and fear of alienation. For a depressed Christian or a Christ follower with an addiction, seeking help feels like shining a spotlight into their spiritual life and highlighting a failure as a Christian.

There are many hurting Christians in desperate need of help, and it is common to feel like you have nowhere to turn. Alias In Town is very passionate about this topic because she is one of those Christians.

### Speaking Topics

- \*Coping With Chronic Illness
- \*Support for ministers in shepherding mental illness and addiction
- \*Rewiring your brain to properly cope with stress
- \*Maturing in your faith through difficulties.
- \*Spiritual disciplines that matter.

### Marketing/Publicity

- \* Promotion through author speaking engagements and appearances
- \* Active blog
- \*Exclusive Facebook group Club WELL and other social media
- \*Guest Blogger
- \*Radio Interviews
- \*Paid advertisement
- \* Member of Women's Speaker Association

### Endorsements/Recommendations

Dr. Samuel Blakely, Author and Pastor

John Buckles, Connections Pastor

Phil Shomo, Chief Of Staff Point University